



University of Social Welfare and Rehabilitation Sciences

Ministry of Health and Medical Education

ITA					
Name: Zahra		Department: Speech Therapy			
Surname: Sadeghi					
Title/Degree: Assistant professor/Ph.D. of Speech and Language Therapy					
Research Interests: Pediatric Feeding disorder, Dysphagia in Neurological Disorders, Research Methodology					
Scopus Profile: https://www.scopus.com/authid/detail.uri?authorId=57195133905				Updated: 7/18/2026	
Google Scholar Profile: https://scholar.google.com/citations?view_op=list_works&hl=en&user=wTA9QYEAAAAJ					
Personal Information			Nationality: Iranian		
Office address: Department of Speech Therapy University of Social Welfare & Rehabilitation Sciences Kudakyar St., Daneshjo Blvd., Evin, Tehran, Iran. Tel: (21) 22180168 Fax: (21) 22180043			E-mail: zah.sadeghi@uswr.ac.ir z.sadeghi.st@gmail.com University URL: http://www.uswr.ac.ir ORCID: https://orcid.org/0000-0003-3966-4720		
Education					
Date	Degree	Duration	Institution	Country/City	Major
2020	Ph.D.	4 years	University of Social Welfare and Rehabilitation sciences	Tehran/Iran	Speech and Language Therapy
2015	M.A.	3 years	Isfahan University of Medical Sciences	Tehran/Iran	Speech and Language Therapy
2012	B.Sc.	4 years	University of Social Welfare and Rehabilitation sciences	Tehran/Iran	Speech and Language Therapy

Faculty member				
Year	Position	Duration	Institution/Course	Location
2020	Assistant Professor	From 2020 to the present	University of Social Welfare and Rehabilitation sciences	Tehran/Iran
Field of Specialization				
- Swallowing and Swallowing Disorders - Pediatric Feeding Disorders - Dysphagia in Neurological Disorders - Research Methodology - Motor speech disorder				
Language Ability				
English				
Teaching Experience				
- Fundamentals of speech therapy (BSc) - Oropharyngeal dysphagia in infants, children, and adults (BSc) - Geriatric communication disorders (BSc) - Motor speech disorder (BSc, MSc) - Speech therapy for oropharyngeal dysphagia in adults (MSc) - Single-subject research methodology (MSc) - Speech, Language, and Swallowing Laboratory (MSc, PhD) - Advanced methods in the assessment and treatment of swallowing disorders (oral and oropharyngeal phases) (PhD)				
Symposia/Programs/Workshops				
- Introductory SPSS Training - Principles, Methods, and Techniques of Proprioceptive Neuromuscular Facilitation (PNF) - Treatment of Pediatric Feeding Disorders - Treatment Approaches to Speech, Language, and Swallowing Disorders in Stroke - A Holistic Approach to the Assessment and Treatment of Swallowing Disorders - Therapeutic Interventions for Swallowing Disorders and Motor Impairments in Cerebral Palsy - Compensatory Dysphagia Management through Dietary Modification - Neuropathology and Common Signs of Swallowing Disorders - Clinical Assessment of Swallowing Disorders in Neurological Diseases				
Academic and Scientific Responsibilities				
Year	Responsibility			

- Member of the Clinical Skills Committee, Speech Therapy Department, University of Social Welfare and Rehabilitation Sciences, since 2020
- Member of the Educational Council, Speech Therapy Department, University of Social Welfare and Rehabilitation Sciences, since 2020
- Member of the Research Council, Speech Therapy Department, University of Social Welfare and Rehabilitation Sciences, since 2020

Publications

1- JOURNAL ARTICLES

- **Sadeghi, Zahra**, et al. "Comparative effectiveness of semantic feature analysis (SFA) and phonological components analysis (PCA) for anomia treatment in persian speaking patients with aphasia." *Iranian Rehabilitation Journal* 15.3 (2017): 259-268.
- **Sadeghi, Zahra**, et al. "Swallowing Disorder in Multiple Sclerosis: Modified Version of the Screening Tool." *Archives of Rehabilitation* 21.2 (2020): 236-255.
- **Sadeghi, Zahra**, et al. "Depression, Anxiety, and Stress Relative to Swallowing Impairment in Persons with Multiple Sclerosis." *Dysphagia* (2021): 1-8.
- **Zahra Sadeghi** et al. "Efficacy of mindfulness-based cognitive therapy compared to Diet modification alone for Dysphagia in persons with multiple sclerosis." *Mindfulness* 14.1 (2023): 91-100.
- Hassanati, F., Jafari, S., Nilipour, R., **Sadeghi, Z.**, & Ghoreishi, Z. S. (2023). The Effect of Semantic Context on Lexical Access in Children With and Without Developmental Language Disorder. *Iranian Rehabilitation Journal*, 21(1), 167-176.
- Banari, A., **Sadeghi, Z.**, Darouie, A., Masoudian Hosseinabad, N., & Noroozi, M. (2024). Incidence and Related Factors to Developing Dysphagia in Hospitalized COVID-19 Patients. *Iranian Rehabilitation Journal*, 22(2), 217-226.
- **Sadeghi, Z.**, Afshar, M., Memarian, A., & Flowers, H. L. (2024). Risk factors and long-term outcomes of oropharyngeal dysphagia in person with multiple sclerosis: a systematic review protocol. *Systematic Reviews*, 13(1), 121.
- Farazi, M., **Sadeghi, Z.**, & Norouzi, M. (2025). Dysarthria and Dysphagia in Traumatic Spinal Cord Injury: Frequency and Comorbidity in a Cross-Sectional Study. *Journal of Modern Rehabilitation*.
- Hadian Dehkordi S, Abdi K, Hoseinzadeh S, **Sadeghi Z.** Design and Psychometrics of a Satisfaction Questionnaire for Tele Speech Therapy Services in Tehran. *Archives of Rehabilitation*. 2024 Sep 10;25(3):424-47.
- **Sadeghi, Z.**, Baharloei, N., & Ghasisin, L. (2016). The Relationship between the Generalizability of Treatment and the Stages of Damage in Naming. *Journal of Research in Rehabilitation Sciences*, 12(3), 132-139.
- Abad NM, **Sadeghi Z**, Banari A, Vahedi M, Bushuven S, Hassanati F. Translation, cross-cultural adaptation, and validation of the Jugendwerk Dysphagia Emotion and Family Assessment (JDEFA) in Persian. *Applied Neuropsychology: Adult*. 2026 Jul 11:1-8.

Faghihi T, Sadeghi Z, Ghoreishi ZS, Makhlessin M, Vahedi M, Bagherpour P. Translation, Cross-Cultural Adaptation, and Psychometric Evaluation of Features of the Infant and Child Feeding Questionnaire (ICFQ). Archives of Rehabilitation. 2026 Mar 10;26(4):552-71.			
2. Books			
Year	Book title	Publisher	Location
2016	Clinical Manual for the Lidcombe Program	Pegah Publication	Tehran/Iran
2026	Evaluation and management of pediatric feeding disorder in the neonatal intensive	University of Social Welfare and Rehabilitation Sciences	Tehran/Iran
Research projects			
- Dysphagia in Multiple Sclerosis: Modified Version of Screening Tool, Student Research Committee, University of Social Welfare and Rehabilitation Sciences - Translation, cross cultural adaption and validation to the Persian version of the VPI effects on life outcomes (VELO) questionnaire Predictors of oropharyngeal dysphagia in Persons with Multiple Sclerosis: A systematic review and meta-analysis of observational studies, University of Social Welfare and Rehabilitation Sciences - The study and classification the theses, research projects, articles and books in the field of speech therapy of Iranian universities of medical sciences about the development of communication, speech, language, swallowing, and their disorders in children, University of Social Welfare and Rehabilitation Sciences			
Journal Reviews			
Journal Title			Location
Archives of Rehabilitation			Tehran/Iran
Iranian Rehabilitation Journal			Tehran/Iran
Research Paper Presented in Conferences / Seminars			
Year	Conference/Seminar	Paper title	Location
Sep 2022	12th Congress of the European Society for Swallowing Disorders	Dysphagia Improves After Mindfulness Training in Multiple Sclerosis: A Pilot Randomized Control Trial	Leuven, Belgium
2020	The 21st Annual National Congress and 7th International Research Congress of Medical Sciences	Dysphagia in Multiple Sclerosis: A Modified Screening Tool	Tehran/Iran